RUN 60 MILES
SEPTEMBER CHALLENGE

HOW THE CHALLENGE WORKS:



Set up your fundraising page!

Be sure to personalise your page and let people know why you're participating. Share your challenge progress here throughout the challenge using pictures, videos, or just posting an update. Find the link to create yours in the challenge group!

Share your page now!

People can't say yes to donating if you don't ask them. An easy way to ask is by sharing your page - just copy the URL of your fundraising page and share with your social network.

Donate to your own page.

Donating even a small amount to your own page shows people that you really care about what you're doing and will encourage others to do the same!

Know where to post updates.

You can post your progress to your fundraising page. You can also post in the group if you are looking for support, inspiration, or ideas on fundraising and completing the activity.

Thank your supporters!

Don't forget to thank your friends, family and everyone who has donated to you. You will get an email notification when someone has donated, so make sure to reach out and say thank you!

For all your questions: https://challengedocs.com/Pieta-Sept25-Run-FAQ

YOUR CHALLENGE CHECKLIST:

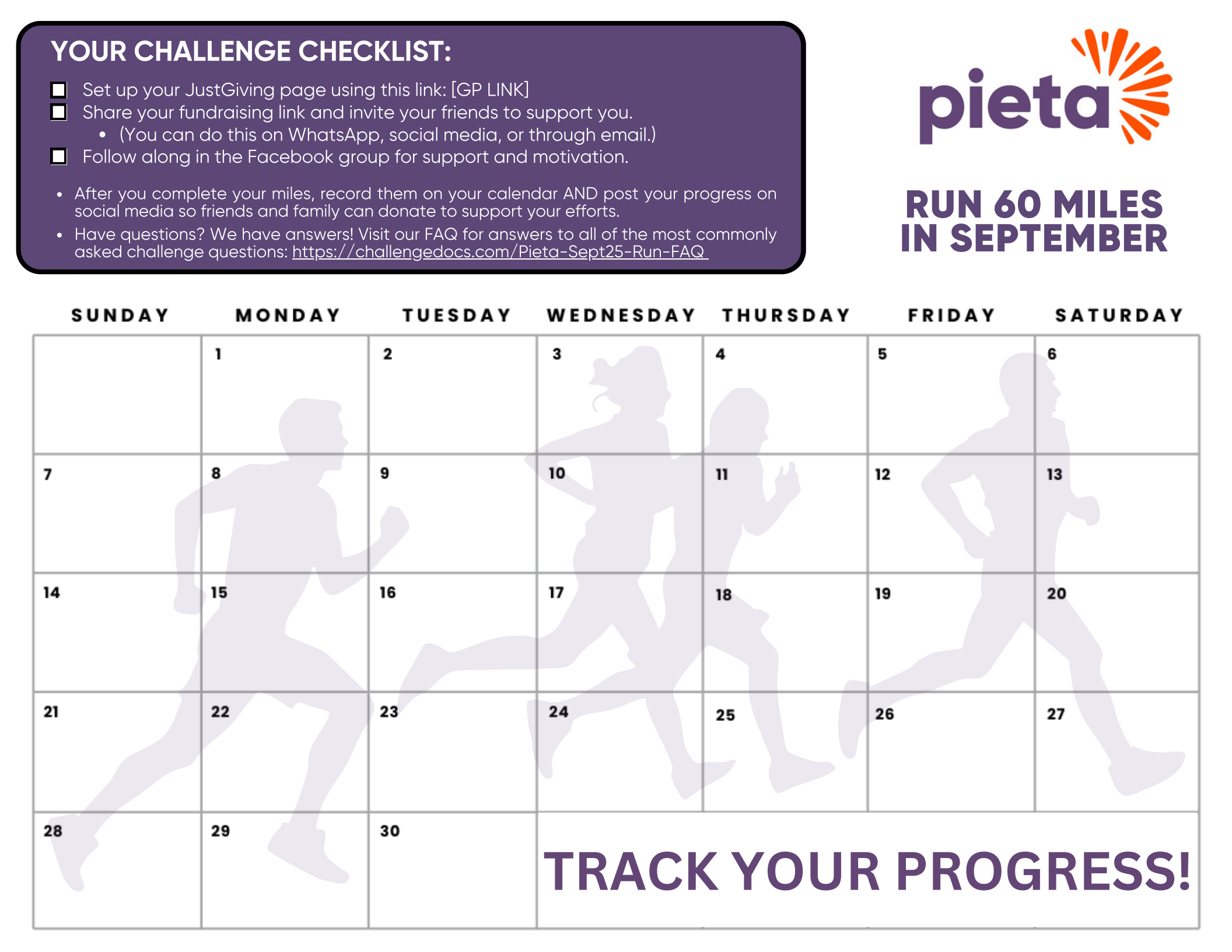
- ☐ Set up your JustGiving page using this link: [GP LINK]
- ☐ Share your fundraising link and invite your friends to support you.
  - (You can do this on WhatsApp, social media, or through email.)
- ☐ Follow along in the Facebook group for support and motivation.

- After you complete your miles, record them on your calendar AND post your progress on social media so friends and family can donate to support your efforts.
- Have questions? We have answers! Visit our FAQ for answers to all of the most commonly asked challenge questions: https://challengedocs.com/Pieta-Sept25-Run-FAQ

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RUN 60 MILES IN SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				



TRACK YOUR PROGRESS!